



**Lakeview Shock Incarceration Facility  
Hosts "Biggest Loser" Competition  
July 3, 2014**

The Lakeview Shock Incarceration Correctional Facility (SICF) Employee Assistance Program (EAP) committee hosted a 12 week "Biggest Loser" competition for employees as a wellness initiative promoting both healthy eating and exercise. A total of 1,062.9 pounds were lost by all participants. Prizes were given to the male and female participant, and the team that lost the greatest percentage of body weight each month and at the final weigh in.

A total of 21 teams consisting of 4 staff members participated. Team members were from the New York State Correctional Officers and Police Benevolent Association (NYSCOPBA), Council -82, the Public Employees Federation (PEF), Civil Service Employees Association (CSEA) and Management Confidential (MC) employees. The EAP hosted lunches and displayed information about healthy lifestyles.